



What's my child's swim level? SWIM LESSON IDENTIFIER

WHAT AGE GROUP DOES MY CHILD FALL INTO?



6 - 36 MONTHS
PARENT CHILD



3 - 5 YEARS
PRE SCHOOL



6 - 12 YEARS
YOUTH

WHICH LEVEL IS MY CHILD READY FOR?

Is your child 3 years of age?

NOT YET

PARENT CHILD

PRE SCHOOL

Can your child submerge in the water on their own?

NOT YET

BEGINNER SWIM

Can your child float on their back without assistance?

NOT YET

PRE SWIM 1

Can your child swim on their front, back and side without assistance?

NOT YET

PRE SWIM 2

YOUTH

Can your child submerge in the water on their own?

NOT YET

INTRO TO SWIM

Can your child swim on their front, back, and side without assistance the full length of the pool?

NOT YET

LEVEL 1

Can your child swim breaststroke or elementary backstroke the full length of the pool?

NOT YET

LEVEL 2

Can your child perform dolphin kick the full length of the pool or perform a flipturn?

NOT YET

LEVEL 3

Can your child perform butterfly in good form for a full length of the pool?

NOT YET

LEVEL 4

Can your child swim 4 full lengths of continuous swimming?

NOT YET

LEVEL 5

CHILD'S NAME _____

LESSON SELECTION _____